Student Services and Administrative Operational Annual Program Review and Planning Update Form Fall 2024

## BACKGROUND:

**Program review is an integral part of the campus planning process. As programs and areas monitor their progress on the current comprehensive four-year program review, changes in need and scope can be expected. This Annual PR Update form is designed to outline and request modifications to the current program review that occur between comprehensive four-year review cycles, as needed.**

**Examples of a requested change include new information such as action plans, outcomes modifications, personnel changes, technology needs, and capital expenditures requirements. As programs and areas monitor their progress on the previous comprehensive four-year program review, the form provides the basis to suggest a change in plans and processes to improve student success and institutional effectiveness.**

## SUBMISSION:

**Program:**

Mindful Growth

**Principal Author(s):**

Sarah Kaump, Jeanne Costello, Jennifer Merchant

**Manager:**

Dani Wilson

**Submission Date:**

12/02/2024 10:15:10 AM

**Author Signature:**

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| Electronically signed by Jennifer Merchant on 11/29/2024 4:25:03 PM |

**Manager Signature:**

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| Electronically signed by Dani Wilson on 12/02/2024 10:15:10 AM |

# Part 1: Review of Data

1. **List the outcomes from your Fall 2022 self-study. Which outcomes has your program assessed in the last year and/or which do you plan to assess in the coming year?**

Previous Program Outcome #1: Students develop increased capacity for mindful self-awareness and the ability to respond to challenge.

Previous Program Outcome #2: Faculty Develop increased capacity for mindful self-awareness and the ability to respond to challenge.

With changed leadership, we revised our outcomes and assessment to align Mindful Growth (MG) more effectively with Guided Pathways’ (GP) goals. We now use Starfish to collect data with the capacity to track student outcomes and have partnered with First Year Experience (FYE) and Hornets tutoring (HT) to expand classroom outreach.

MG is shifting from an approach based on individual classroom presentations and workshops on mindfulness toward one which more broadly supports programs (FYE, HT, EOPS, and Promise). This new approach emphasizes culturally responsive practices and academic mindsets that align with fostering equitable outcomes for students in those programs.

1. **What changes, if any, have been made to your program or outcomes as a result of outcomes assessment?**

We have shifted our assessment of outcomes in several ways in response to last year's process. We realized we needed to focus on measurable outcomes related to program and classroom experience and more effectively collect data to support outcome assessment.

While not a result of outcomes assessment, the initiative has undergone structural changes upon moving from the Humanities Division to the LLRISPS Division in January 2024. We joined the Guided Pathways Office, establishing the Mindful Growth Initiative (MG) as distinct from the Mindfulness Academic Program, which remains in the Humanities division.

1. **How is your area collecting or working to collect disaggregated, student-level outcomes assessment data?**

Our move to the Guided Pathways Office has prompted a shift prioritizing data-driven interventions with measurable outcomes. We have initiated Starfish data collection for students who engage in MG interventions both in and out of the classroom. We also plan to develop surveys for students, instructors, and tutors who participate to support qualitative data collection.

With the support of the Office of Institutional Effectiveness (OIE), MG will work with FYE and GP to track general success and retention rates in courses that embed FYE engagements that incorporate MG principles and tenets. The initiative will work with FYE to also periodically examine short- and long-term student success metrics such as persistence, GPA, transfer rates, and educational goal attainment for students who participate in these embedded engagements.

All data will be disaggregated to determine whether FYE meets the campus DEIA goals, particularly in reducing disproportionate impact, particularly for Black/African American and Latino men.

# Part 2: Additional Resource Request Reasoning and Support

[ ] **We have reviewed our most recent self-study and have not identified any significant changes that necessitate resource requests for the upcoming academic year.**

[x] **We have reviewed our most recent self-study and have identified significant changes that necessitate additional resource requests.**

**For programs that have identified significant changes that necessitate additional resource requests, answer the following questions for each separate resource request:**

1. **Briefly describe your resource request.**

MG requires additional funding to hire a Student Hourly (TEA) position to support the MG Project Coordinator Professional Expert (PE) in improving efficacy with data collection, in-reach efforts, marketing, and scalability.

1. **Is this request related to an essential safety need?**

No

**Why must this resource request be processed now rather than during the Fall 2026 comprehensive self-study?**

Immediate improvements to data collection are critical for establishing a sustainable and effective model. Additional staffing will enable the project coordinator to collaborate more effectively with GP, FYE, HT, and EOPS to improve quantitative data collection and analysis. It will also allow us to work with OIE to develop and implement qualitative surveys.

**How will this additional resource allocation specifically enhance your program’s services, activities, processes, etc. to continue or improve student learning and achievement?**

MG currently lacks dedicated funding for staff. Securing additional funding now will provide critical administrative support for the 2025-2026 Academic Year. This staffing will facilitate engagement tracking and efficacy assessment of MG intervention contributing to student success outcomes with our partnership with campus programs.

**Is the resource request personnel-related? If so, please provide evidence to justify the requested positions such as retirements, program growth or curricular demands, full-time/adjunct ratios, etc.**

Yes. Adding a part-time hourly TEA contract employee will significantly enhance MG’s ability to handle day-to-day operations aligned with its revised outcomes. This support is essential given the initiative’s growth and the increasing demands of collaborative partnerships with GP, FYE, HT, EOPS, and other campus partners.

**How will this additional resource allocation help you serve the college mission or strategic initiatives, and your program’s goals for improvement, as stated in your last self-study?**

Securing additional funding for the 2025-2026 academic year is vital to advancing the evolving project goals of the MG Initiative. These goals directly align with Fullerton College’s core values of Access, Community, and Learning and campus-wide objectives.

The additional resources will:

1. Enhance efficiency and increase outreach to key student populations via partnerships with Umoja, the Veterans Center, and Grads to Be.

2. Develop resources promoting equity, inclusion, and student success within programs like HT, FYE, and EOPS.

3. Support the college’s mission to foster a thriving, inclusive academic community.

**For each separate resource request, complete this chart with the itemized requested dollar amount:**

|  |  |
| --- | --- |
| **Type of Resource** |  |
| Personnel | Hourly |
| Facilities |  |
| Supplies |  |
| Computer Hardware |  |
| Computer Software |  |
| Training |  |
| Other |  |
| **Total Requested Amount:** | $5609.16 |

|  |
| --- |
| **Is the funding requested ongoing or one-time funding?**Ongoing |
| **Is the funding requested for**[**enrollment and reengagement activities?**](https://ie.fullcoll.edu/wp-content/uploads/sites/27/2024/05/ER-2.0-Program-Review-Guide.pdf)No |

**For each separate resource request:**

1. **Briefly describe your resource request.**

MG requires continued funding for the 2025-2026 Academic Year to provide hospitality at activities and events.

1. **Is this request related to an essential safety need?**

No

**Why must this resource request be processed now rather than during the Fall 2026 comprehensive self-study?**

The hospitality funding provided by the 2023 PRAU was effectively utilized, and additional funding is required for the upcoming academic year to sustain the initiative’s activities.

**How will this additional resource allocation specifically enhance your program’s services, activities, processes, etc. to continue or improve student learning and achievement?**

Hospitality funding supports events that foster student engagement and community-building, creating a dynamic environment for learning and practice. These activities ensure alignment with Fullerton College’s program standards and contribute to student achievement

**Is the resource request personnel-related? If so, please provide evidence to justify the requested positions such as retirements, program growth or curricular demands, full-time/adjunct ratios, etc.**

No

**How will this additional resource allocation help you serve the college mission or strategic initiatives, and your program’s goals for improvement, as stated in your last self-study?**

This funding directly supports our goal of increasing community engagement, which aligns with Fullerton College’s Strategic Action Plan’s focus on equity and inclusion, helping to close the achievement gap for underrepresented populations.

**For each separate resource request, complete this chart with the itemized requested dollar amount:**

|  |  |
| --- | --- |
| **Type of Resource** |  |
| Personnel |  |
| Facilities |  |
| Supplies |  |
| Computer Hardware |  |
| Computer Software |  |
| Training |  |
| Other | $1,000.00 |
| **Total Requested Amount:** | $1,000.00 |

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| --- |
| **Is the funding requested ongoing or one-time funding?**Ongoing |
| **Is the funding requested for**[**enrollment and reengagement activities?**](https://ie.fullcoll.edu/wp-content/uploads/sites/27/2024/05/ER-2.0-Program-Review-Guide.pdf)No |