



Student Services and Administrative/Operational Annual Program Review and Planning Update Form Fall 2023

Behavioral Health Services

BACKGROUND:

Program review is an integral part of the campus planning process. As programs and areas monitor their progress on the current comprehensive four-year program review, changes in need and scope can be expected. This Annual PR Update form is designed to outline and request modifications to the current program review that occur between comprehensive four-year review cycles, as needed.

Examples of a requested change include new information such as action plans, outcomes modifications, personnel changes, technology needs, and capital expenditures requirements. As programs and areas monitor their progress on the previous comprehensive four-year program review, the form provides the basis to suggest a change in plans and processes to improve student success and institutional effectiveness.

DIRECTIONS:

This form shall be completed annually by **all** student services programs and administrative/operational offices.

- Programs or offices must submit their Annual Program Review Update form to their manager or dean by 5pm, Monday, November 27, 2023.
- Managers or deans will forward the completed form to the Program Review and Planning Committee Chairs by 5pm, Monday, December 4, 2023.
- Questions or concerns?
 - Committee contacts:
 - Co-chairs Mary Bogan (mbogan@fullcoll.edu) and Bridget Kominek (bkominek@fullcoll.edu)
 - Manager and classified professional representatives on the [Program Review and Planning Committee](#)
 - [Office of Institutional Effectiveness](#)

SUBMISSION:


Program: Behavioral Health Services Division: Student support Services Date: 11/27/2023

We have reviewed our most recent self-study and **have not identified** any significant changes that necessitate resource requests for the upcoming academic year. *(Complete part 1 only)*

We have reviewed our most recent self-study and **have identified** significant changes that necessitate additional resource requests, which are attached in our submission. *(Complete parts 1 and 2)*

Principal Author Signature:
Date: November 27, 2023

Printed Name: Dana Timmermans

Manager or dean Signature: 
Date: Gilbert Contreras (Dec 13, 2023 15:52 PST)

Printed Name: Gil Contreras

Part 1: Review of Data

List the outcomes from your Fall 2022 self-study. Which outcomes has your program assessed in the last year and/or which do you plan to assess in the coming year? What changes, if any, have been made to your program or outcomes as a result of outcomes assessment?

Outcomes:

Utilize the results of the NCHA (National College Health Assessment) surveys over four iterations: 2013, 2016, 2019, 2022, to predict student behavior and needs and develop useful student health services and programs. • SAO: Compare results of the NCHA surveys over four iterations: 2013, 2016, 2019 and 2022, to track trends in student health related behaviors in the following areas: physical, mental, sexual, exercise, sleep, nutrition and the use of drugs and alcohol.

Changes made:

The survey was completed for all 3 years and the data compared. The survey was not completed in 2022 due to lack of staffing. The 2013 survey was unavailable. Comparisons were made between 2016 and 2019.

Changes to be made: *in 2024 we are planning to administer the NCHA (National College Health Assessment) survey, and compare the results with previous years to discern behavioral changes.*

Outcomes:

Health services will experience a marked decrease in the number of student no-shows for mental health appointments by utilizing an add-on software program that automatically sends a text to students as a reminder of their upcoming appointment • SAO: The number of students not showing for appointment with mental health counselor

Changes made:

An EMR Compatible Texting program was acquired by the Health Center. However, it has only been partially utilized to date

Changes to be made:

The EMR Compatible Texting program will be fully utilized by Spring semester.

New

Outcomes:

Reinstitute campus wide health promotion programs such as smoke out, pet therapy etc. That improve student health

Changes made:

Improved collection of both events and the number of students attending Health and Behavioral Health related events.

Changes to be made:

The data from the 2023/2024 year will be evaluated against previous year.

Outcomes:

Improve student experience by involving students & community in Student Health Service program Student Health Advisory Board with a focus on social determinants of health and the impact of climate change on health.

Changes made:**Changes to be made:**

Student Health Advisory Board with a focus on social determinants of health and the impact of climate change on health to begin in the Spring Semester.

Outcomes:

Increase the number of students served each semester by utilizing campus specific survey data to tailor health education programs and health services clinical offerings.

Changes made:

Adjustments in programing have been made to accommodate the expressed needs of students during this rapidly evolving climate.

Changes to be made:

Data necessary to adjust direction of services has not been obtained, but will be gathered in the Spring semester. Student post program survey will be administered through the health center EMR system.

Part 2: Additional Resource Request Reasoning and Support

For each request, complete steps A, B, and C.

Step A: Briefly describe the request. *We have no request at this time.*

Step B: Answer the following questions:

1. Is it imperative that this resource request be processed now rather than during the next comprehensive program review? Why?
2. How will this additional resource allocation specifically enhance your program's services, activities, processes, etc. to continue or improve student learning and achievement?
 - Is the resource request personnel-related? If so, please provide evidence to justify the requested positions such as retirements, program or office growth, or increased demand.
3. How will this additional resource allocation help you serve the college mission or strategic initiatives, and/or your program's goals for improvement, as stated in your last program review?

Step C: Complete this chart with details of the request:

Type of Resource	Requested Dollar Amount	Potential Funding Source It is only necessary to list potential funding forces if you are aware of specific grants/program funds appropriate to the request, such as Strong Workforce.
Personnel		
Facilities		
Equipment		
Supplies		
Computer Hardware		
Computer Software		
Training		
Other		
Total Requested Amount:	0	